Wellness Fair 2009

Tuesday

March 31

10 a.m. – 2 p.m.

Third Floor

Old Courthouse

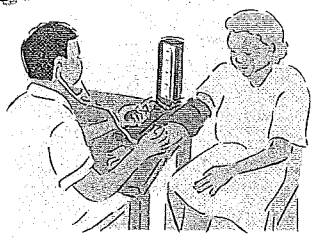
in Oregon

Questions about Insurance?

- Flex Plan
- Benefits
- Supplemental

~Speak with Query Insurance and Group Administrator Representatives!

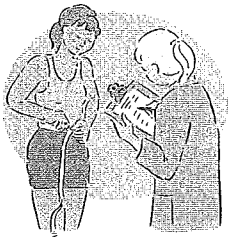
No Fasting Required!



Free

Health Screenings!

- Total Cholesterol
- Blood Pressure
- Blood Sugar
- Prostate PSA ($25 fee)
- Body Fat %
- Skin Screening (Noon – 2 p.m.)



Wellness Vendors:

American Cancer Society; Barnhart Stone Corner Organic Farm; Curves; Group Administrators; Hauser-Ross Eye Institute; Sheila Holland, massage therapist; Mary K Cosmetics; Olivia Mott, chair massage; Northern Illinois Diabetes Coalition; Ogle County Health Department; Ogle County Hospice Association; Oregon Park District; Query Insurance; Rochelle Hospital; Rochelle Park District; Rock River Center; Sam's Club; Dr. Mark Stees, dermatologist; University of Illinois Extension

Ogle County Employees & Spouses Invited to Attend!

***For more info. call:* (815) 732-7330, ext. 279**

Sponsored by: Ogle County Wellness Committee